

# Dream Resources

## ***DREAM STARTERS***

One way to unlock more dreams is to write down at least one dream for each of the questions below. If you are a natural dreamer—that is, envisioning the future when you don't know how to get there comes easy for you—use the first set of questions. If you are a practical person and have a hard time detaching yourself from “what is” to think about what “could be,” try the second list.

- What gives you pleasure?
- What is beautiful for you?
- What do you want to do just for fun?
- If you were fearless, what would you try?
- What do you value most in the world?
- What do you need?
- What needs of others tug at your heart?
- Who do you dream for, and what is your dream for them?

# DREAM

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- If you could change one thing in the world, what would it be?
- What would Heaven on Earth look like to you?
- What do you dream will happen when you get to Heaven?
- Who do you know that is living their dream? What do you love about their life?
- What thought or idea have you had that you haven't acted on—maybe you thought it was too big, foolish, or inconsequential to name as a dream?
- What would make your spiritual life really soar? Your emotional life? Your physical life?
- What would you do if money was no limitation?

## ***DREAM STARTERS FOR NON-DREAMERS***

- What in your life now gives you pleasure? Which of those things could you do more of?
- Where have you seen beauty in life? Which of these things would you like to have in your life now?
- What do you do for fun, when you really cut loose or aren't worried so much about what it costs?
- What is the most fearless thing you have done? What else would you try if you felt like that?
- What do you value most in the world? How could that increase?

# DREAM

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- What do you need? What would it look like if that need was filled? What needs of others tug at your heart?
- Who do you know that you want a better life for? What would you do for them if you could?
- If you could change one thing in the world, what would it be?
- Where have you most clearly seen heaven on earth? Would you like more of that?
- What do you dream will happen to you when you get to heaven?
- Who do you know is living their dream? What do you love about their life?
- What thought or idea have you had that you haven't acted on; maybe thought was too big or foolish or inconsequential to name as a dream?
- What makes your spiritual life really soar? Your emotional life? Your physical life?

## ***MORE DREAM STARTERS***

What thoughts and dreams do the following examples trigger in you?

- **Professional dreams** - Be the top salesperson for the year. Gain national accreditation.
- **Family dreams** - Get married. Be the best father I can be.
- **Financial dreams** - Repay all credit cards. Grow five sources of income.

From: Dream Culture – Bringing Dreams to Life by Andy & Janine Mason  
[www.idreamculture.com](http://www.idreamculture.com)

# DREAM

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- **Creative dreams** - Paint a mural in a public place. Write a song for my children.
- **Places to visit** - The Great Wall of China; the place where my grandparents were born.
- **Skills to master** - Gourmet BBQ; Golf handicap less than 10.
- **Books to read** - The Bible from cover to cover; one book every month.
- **Events to attend** - A U2 concert; 4<sup>th</sup> of July in New York.
- **Subjects to research** - The history of America, divine health.
- **Things you've always wanted to do** - Bungee jumping; sleep the night in a mud hut.
- **Subjects you want to study** - Gravity, history, Spanish.
- **Places you want to visit** - The Great Pyramids; Dunkirk; New Zealand.
- **Experiences you want to have** - Hot air balloon ride; scuba diving off the Great Barrier Reef.
- **Food you want to eat** - Seven-course meal; Medieval birthday party.
- **People you want to meet** - Bono; Mohammad Yunus, The President.
- **Countries you want to visit** - Russia; Turkey; Tahiti; Israel; the “newest” and “oldest.”
- **Hobbies you want to have** - Model plane building; cake decorating; golf.

# DREAM

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- **Kind of partner you want to have** - Lover of Jesus; creative; wise.
- **Children and grandchildren you want to have** - Smarter than me; go further and faster.
- **Things you want to have** - An income while I sleep; a house; a yellow Chevy Camaro with a black stripe.
- **Things you want to buy** - A digital camera; a world-trip for my wife; a house.
- **Sports you want to try** - American football; lacrosse; cross-country skiing.
- **Physical condition you want to be in** - Less than 200 pounds; able to run five miles at any time.
- **How you would like to look** - Sharp and confident, but relaxed and friendly.
- **Feelings you want to feel** - Euphoria of conquering a mountain; overwhelmed by love.
- **Gifts you want to give** - A house to a pastor in Africa; a million dollars at one time.
- **The kind of lifestyle you want to have** - 30 hours a week “working” and more time with children.
- **The friends you want to have** - A president; a homeless man; a Muslim cleric.
- **The way you want to spend time with friends** - Adventures outdoors; living their dreams.
- **The relationship you want to have with your family** - Powerful, free and happy.

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- **The financial freedom you want to be in** - Leave an inheritance for my children's children.
- **The toys you would want to buy yourself** – Remote Control off-road car; model railway; crossbow.
- **The charity you want to contribute to** - My own; World Vision; Opportunity International.
- **The thing you want to be remembered for** - Love; empowering others; miracles.